

Cashew & Date Coffee Creamer



Serves: 30



Cooking Time: 45 minutes



Level: Easy



INGREDIENTS

1/2 cup cashews
4 pitted medjool dates
1.5 cups water (divided 1 cup and 1/2 cup)
1 pinch salt

PREPARATION

1. Soak cashews and dates in 1 cup water overnight (or at least 10 hours).
2. Pour out water, add soaked cashews and dates with 1/2 cup fresh water to blender. Add 1/8tsp salt (just a pinch) and stevia drops if desired.
3. Blend for one minute on high until creamy. Chill in fridge overnight for best results. Good for 5-7 days in an airtight container in the refrigerator.