

Bowl of Goodness



Serves: 1



Cooking Time: 45 minutes



Level: Easy



INGREDIENTS

1/2 cup Purple Lettuce
1/2 cup Green Lettuce
2 Bananas
1/4 teaspoon Milk

PREPARATION

1. Wash the lettuces.
2. Put all the ingredients into the blender and blend it.
3. Serve and Enjoy.