

Blueberry Almond Porridge



Serves: 1-2



Cooking Time: 45 minutes



Level: Easy



INGREDIENTS

2 cups almond milk
A pinch salt
1 cup whole grain old fashioned rolled oats
1 tablespoon flaxseed
1/2 teaspoon cinnamon
2 teaspoons brown sugar
1/2 cup blueberries
2 tablespoons almond butter

PREPARATION

1. Follow the instructions of your oats package. In a pot, bring the almond milk and pinch of salt to a boil. Add the rolled oats, flaxseed, cinnamon, and brown sugar. Reduce heat to low and cook, stirring occasionally, for about 8-10 minutes
2. Add the blueberries and almond butter and cook until heated through. Pour in a bowl and top with whatever you like.