

Frugal -Apple Pie Overnight Oats



Serving: 4



Cook Time: 480 mins



Level: Easy



INGREDIENTS

- 1 1/3 cups old-fashioned rolled oats
- 1/2 tsp cinnamon
- 1/4 tsp ground ginger
- 1/4 tsp ground cloves
- 1/2 cup chopped walnuts
- 1/4 cup dried cranberries
- 1 1/3 cups unsweetened applesauce
- 1 1/3 cups milk

PREPARATION

1. Add 1/3 cup oats each to four resealable containers. Also add 1/2 tsp cinnamon, a pinch of ginger, and a pinch of cloves to each container.
2. Add 2 Tbsp chopped walnuts and 1 Tbsp dried cranberries to each container.
3. Finally, add 1 1/3 cup applesauce and 1 1/3 cup milk to each container.
4. Close the containers and refrigerate overnight or up to four days. Stir the contents of the container before eating.